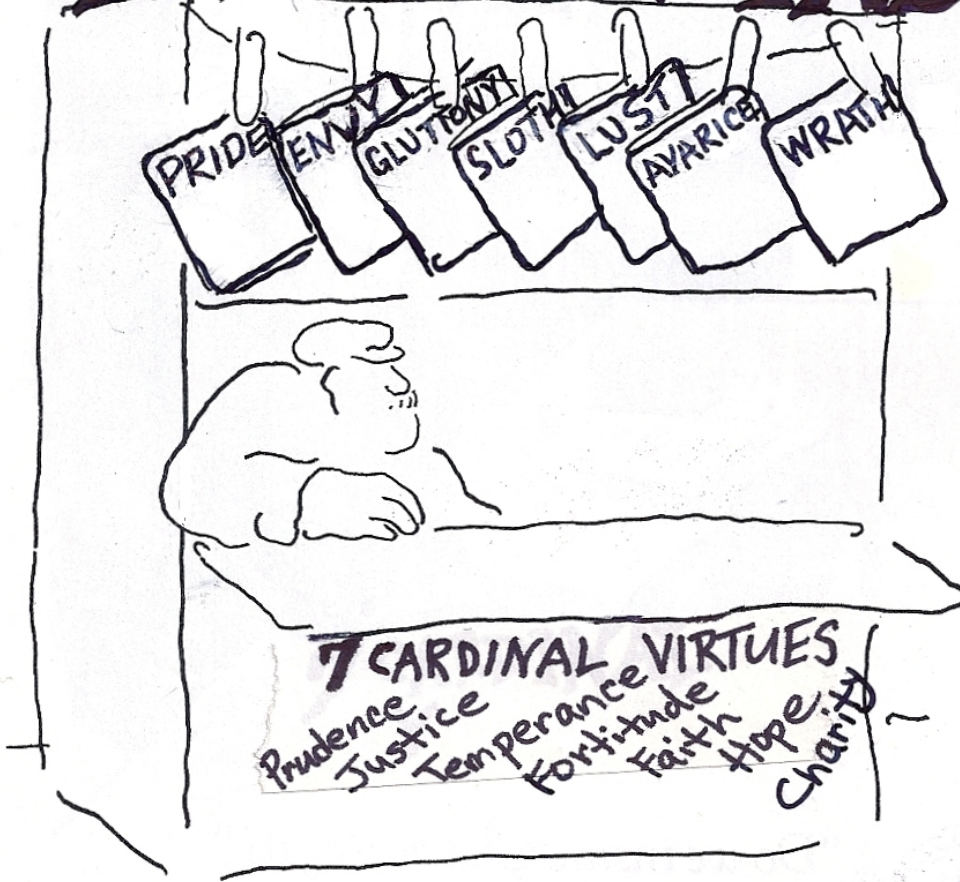


7 DEADLY SINS



Seven Sacraments

Baptism
Confirmation
Communion
Penance
Ordination
Matrimony
Unction

Seven Gifts of the Holy Spirit

Fear of the Lord
Piety
Knowledge
Fortitude
Counsel
Understanding
Wisdom

Aristotle's Golden Mean		
-- Defect --	BALANCE	+ Excess +
cowardice	COURAGE	rashness
stinginess	LIBERALITY	extravagance
sloth	AMBITION	greed
humility	MODESTY	pride
secrecy	HONESTY	loquacity
moroseness	GOOD HUMOR	bufoonery
quarrelsomeness	FRIENDSHIP	flattery
self-indulgence	TEMPERANCE	insensibility
apathy	EQUANIMITY	irascibility
Hamlet's indecisiveness	Atticus' SELF CONTROL	Don Quixote's impulsiveness
* Derived from <i>The Story of Philosophy</i> by Will Durant		

Becoming a Knight

Page
Squire
Knight with an Accolade

Becoming a Guildsman

Apprentice
Journeyman
Master with a Masterpiece

Epicureanism vs. STOICISM

Physiognomy – a person’s physical appearance and the relationship between that physical appearance and a person’s personality and character (judging a person by his/her features).

Examples:

- red-headed = quick-tempered
- buxom = jolly
- broad forehead = intelligence, good breeding
- very thin = stringy, bad-tempered
- neat = proud
- wearing red = aggressive
- wearing black = melancholy
- wearing blue = constant in love
- wearing green = lightness in love, envy
- gapped teeth = bold, aggressive, traveler, amorous
- white neck = sign of licentiousness (promiscuousness)

Psychological Theory of Chaucer’s Time: Astrology-based. This theory gave the planets in a person’s horoscope at birth and their positions at different times in life.

Body Humors

People in Chaucer’s time believed that four body humors (or moistures) were the source of disease and personality types, much like we think of glands and genes today. The body fluids, or humors, of which man is composed—blood, phlegm, choler (bile), and melancholy (black bile) with their “qualities” of hot, cold, dry, and moist—determined character and behavior.

Sanguine:	“sanguine”	Blood	Hot and moist
Choleric:	“choleric”	Yellow bile	Hot and dry
Melancholy:	“melancholy”	Black bile	Cold and dry
Phlegmatic:	“phlegm”	Phlegm	Cold and moist

TYPE	EFFECTS	ASSOCIATED WITH	CHARACTERISTICS	WEAKNESSES
Sanguine	Body humor that causes a person to be cheerful	Sensuality	Talkers, lively, promoters, impulsive, vivacious, congenial	Nervy, changeable, outgoing, interrupts
Choleric	Body humor that causes a person to be angry	Unkindness, wrath, instability, pride	Confident, positive, self-reliant, leaders, inventive, aggressive	Gutsy, lofty, tactless, workaholics
Melancholy	Body humor that causes gloominess	Depression and delusion	Pensive, orderly, analytical, profound, faithful	Depression, resentful, reticent, negative
Phlegmatic	Body humor that causes sluggishness or apathy	Sloth, obesity, and laziness	Serene, listeners, negotiators, content, peaceful, dry-humored	Anxious, indecisive, slow, shy