

## 40. **The Examined Life**

### **Strengths:**

My intelligence because it lets me choose the life I want and gives me the tools I need.

My principles because they allow me to stand up for the life I live.

My sense of humor because it lets me accept the things I can't control.

### **Weaknesses:**

My temper because it is frightening when it gets out of control.

My moodiness because it bothers other people when I change moods suddenly.

My big mouth because it gets me into trouble I could avoid.

**I can make my weaknesses into strengths by controlling them. In themselves, they're not bad. When I use my temper wisely, it accomplishes near miracles. It's perfect for bringing salesmen and students into line. Sometimes I overreact, however, and that's bad. If I stop, think, and then react, I can control my temper, my moodiness, and my big mouth.**